My Personal Learning Style

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| --- |
| Outcomes:L–7.1 develop improved organizational and study strategies/skills by analyzing the different ways individuals learn; e.g., determine learning styles, personal learning style |

Understanding your **personal learning style** is extremely beneficial. Knowing exactly how we learn best gives us a head start and maximizes our learning potential. It can increase our self-confidence and give us insight into our own strengths, weaknesses and habits. It shows us how to take advantage of our natural skills and inclinations while using our brain the way it works best!

After completing each of the Learning Preferences Diagnostic tests your task is to communicate to one of your core class teachers how it is you think you learn best. This may presented, **but not limited to**, in the form of a:

* Brochure
* Powerpoint
* A letter
* A collage
* Comic strip
* Poster
* A video message

You must **represent/communicate**

* Your personal learning style. **Explained!**
* 3 strategies you can use for learning
* 3 studying strategies

Find out your personal learning style

<http://www.educationplanner.org/students/self-assessments/learning-styles-quiz.shtml>

<http://vark-learn.com/the-vark-questionnaire/>

<http://www.edutopia.org/multiple-intelligences-assessment>

**Assessment:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **1** | **2** | **3** | **4** |
| L–7.1 develop improved organizational and study strategies/skills by analyzing the different ways individuals learn; e.g., determine learning styles, personal learning style | Student has haphazardly explained their personal learning style. Identified unrelated strategies for learning and studying.. | Student has partially explained their personal learning style. Identified partially connected strategies for learning and studying. | Student has thoroughly explained their personal learning style. Identified suitable strategies for learning and studying.  | Student has exhaustively explained their personal learning style. Identified appropriate strategies for learning and studying.  |

**Learning Preference Style Reflection sheet**

Now that you know what kind of learner you are, use this information to help you with your school work. If you learn in a way that works well with your learning styles you will probably more successful.

**My personal learning style(s) is: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Think of some learning techniques that are appropriate for YOU! Consider the ways in which you learn best. Also, think about what types of studying you are willing to make **a commitment** to doing. List these ideas in the box below.

This year I will use methods for learning and studying which work with my learning style(s), including the following:

|  |
| --- |
| 3 ways I learn best are: 3 studying skills I plan to use are: |

I plan to communicate this to my teacher through a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.